

**DLDAV MODEL SCHOOL  
SHALIMAR BAGH**

*celebrates*

*International*  
**YOGA DAY**



**JUNE 21, 2026**

# Message from the Principal



Dear DLDAVSB Family,

On the occasion of International Yoga Day, I extend my heartfelt greetings to each one of you. This day reminds us of the timeless wisdom that yoga offers—a gift from our rich heritage that continues to guide the world towards a healthier and more balanced life.

Yoga is far beyond physical exercise; it is a practice that nurtures clarity of thought, emotional strength, and inner harmony. In today's dynamic and often demanding world, cultivating such balance is essential for our overall well-being.

For our students especially, yoga serves as a powerful tool to build focus, resilience, and self-discipline. It helps in managing academic responsibilities with calmness and confidence, while also promoting physical fitness and mental peace.

I encourage every member of the DLDAVSB family to embrace yoga not just as a one-day celebration, but as a meaningful daily practice. Even a few mindful moments each day can lead to lasting positive change.

Let us come together to celebrate this beautiful tradition and reaffirm our commitment to a healthy body, a peaceful mind, and a joyful spirit. Wishing you all a rejuvenating and inspiring International Yoga Day.

Reena Rajpal



# celebrations at school campus



# celebrations at school campus





*catching them young*



*Presentation by*

**COURAGE HOUSE**



# Yoga Day

wishes by

## **COURAGE HOUSE**



**DLDAV MODEL SCHOOL  
SHALIMAR BAGH**

*Presentation by*

**INTEGRITY HOUSE**

**INTEGRITY HOUSE**  
WISHES YOU A  
**HAPPY**  
**YOGA DAY**  
A  
**INTERNATIONAL DAY OF YOGA**





**21<sup>ST</sup> JUNE-2026**

**CELEBRATE MINDFULNESS, WELLNESS,  
AND HARMONY**

Presentation by

# PEACE HOUSE

On behalf of Peace House,  
we wish everyone a Happy  
International Yoga Day.  
Yoga is not just an exercise; it  
is a path to inner peace,  
balance, and well-being.  
May this day encourage us all  
to cultivate harmony within  
ourselves and spread peace  
wherever we go.

 "Just as yoga unites body,  
mind, and soul, peace unites  
hearts in diversity." 

- Peace House

*Presentation by*

# PROSPERITY HOUSE



## DLDAV Model School, Shalimar Bagh

🌻 Wishes you a  
Happy Inte



*Presentation by*

**UNITY HOUSE**



**YOGA DAY**

WISHES BY

**UNITY HOUSE** ✨



"BREATHE IN PEACE,  
BREATHE OUT STRESS"



How much do we know Yoga?

Let's take a challenge

[Click here](#)

